



amani
AFRICAN SPAS

MENU



WALKERSONS

HOTEL & SPA



AMANI SPA... A TRUE AFRICAN SPA EXPERIENCE

"AMANI" MEANING "PEACEFUL" IN KISWAHILI, AN EAST AFRICAN TRIBAL LANGUAGE

"CREATING MAGICAL MOMENTS AND TURNING THEM INTO SPECIAL MEMORIES"

AMANI SPA . . . A TIMELESS PLACE OF PEACE AND TRANQUILITY,

EMBRACED BY NATURE IS THE ULTIMATE ESCAPE FOR PURE SELF INDULGENCE.

ENJOY OUR UNIQUE HOLISTIC BODY, SKIN & BEAUTY RITUALS, REJUVENATING MESSAGES & SOOTHING TREATMENTS, UNIQUELY DESIGNED TO RELAX THE SPIRIT, HARMONISE THE BODY, PRESERVE YOUTHFULNESS & ENHANCE HEALTH & VITALITY



HOLISTIC SIGNATURE BODY RITUALS

KU RHULA BODY RITUAL

90 minutes R780.00

Escape and unwind as you are nurtured from head to toe. Our signature holistic body ritual is a unique treatment incorporating massage techniques from all over the world, pampering not only the body, but the face & scalp too. The full body massage is enhanced by utilizing our exclusive African oil blends to assist with body detoxification and decrease stress & fatigue, making this experience the ultimate in relaxation.

ROYAL AFRICAN POTATO BODY BALM

80 minutes R620.00

A relaxing & cocooning experience, our body scrub exfoliates the skin, preparing it for the anti-ageing herbal African Potato body wrap, combined with Marula oil is massaged all over the body. Once cocooned & warmly tucked in towels, enjoy a relaxing pressure point foot massage.

ESSENCE OF AFRICA BODY GLOW

60 minutes R495.00

Enjoy the exfoliating and cleansing experience of our Essence of Africa body polish, which assists in the cell renewal process, leaving the skin radiant & soft to touch, completed with a pressure point foot massage.

DECADENT COFFEE WRAP

60 minutes R510.00

Our secret body wrap is a sensory treatment of fresh coffee and a special blend of essential oils creating a comforting cocoon, followed by a relaxing full body massage.

LERAGA MUD DETOX BODY WRAP

60 minutes R520.00

A highly effective slimming treatment designed to aid in the reduction of bloating, cellulite & water retention. The pre-mud massage and a relaxing Shea butter massage assists with the detoxification, releasing muscle tension, hydrating and toning the skin. (Not recommended for pregnant ladies)

AMANI'S MASSAGE COLLECTION

SOUL OF AFRICA BODY MASSAGE

60 minutes R395.00

Using our Essence of Africa signature oil, enjoy a soul surrendering full body Swedish massage designed to enhance, relax and restore the body.

PUNGUZA BODY MASSAGE

60 minutes R420.00

Punguza... meaning 'relieve' in Kiswahili, is a deep tissue massage using a blend of essential oils infused in shea butter to relieve muscular aches and tension.

AFRICAN SHEA AROMATHERAPY

60 minutes R460.00

A rhythmic, gentle full body and face massage using specially blended therapeutic aromatic plant oils to relax the body, calm the mind and connect with your soul.

LEFIKA...HOT STONE MASSAGE

60 minutes R480.00

A sensory body and face massage, using natural river stones radiant with heat and essential oils to ease muscle aches and hydrate the skin.

KAHUNA BODY MASSAGE

60 minutes - R460.00

Known as the Rolls Royce of massages enjoy a unique full body massage using a blend of essential oils and long rhythmic strokes alternating deep a light pressure to relieve stress and restore harmony in the body.

REFLEXOLOGY - Subject to therapist availability.

60 minutes R450.00

Pamper your feet with a foot soak and masque, followed by the old traditional pressure point massage to re-establish energy flows, relieve stress, balance and restore harmony in the body.

MARULA MILK BATH & MASSAGE

60 minutes R450.00

Relax in our hydro bath filled with a unique blend of Marula oil and indigenous plant extracts, which is followed by a neck, back and shoulder massage to relieve muscular aches and tension.

IKÊTLA... BACK, NECK & SHOULDER MASSAGE

30 minutes R280.00

Ikêta...relax & unwind, while you experience this wonderfully relaxing massage combining the power of touch & smell - focusing on the neck, back and shoulder areas.

AFRICAN SCALP MASSAGE

30 minutes R260.00

A relaxing scalp and neck massage, using a pure blend of African essential oils, which brings oxygen & nutrients to the muscles, hair and skin.

AFRICAN HANDPRINT RITUAL

30 minutes R260.00

Treat your hands with this wonderful experience. Your hands are polished with African salts and cuticles restored with indigenous healing oils, then massaged with Shea butter and wrapped in warm mitts, leaving your hands soft and totally invigorated.

AFRICAN FOOTPRINT RITUAL

30 minutes R260.00

The ultimate treatment for travellers, for those with tired & aching feet. An energizing foot soak is followed by a foot massage with warm shea butter, with extracts of African indigenous plant oils, which induces relaxation, improves circulation, softens and nourishes the skin on your feet.

MOM-TO-BE BODY MASSAGE

60 minutes R450.00

Pamper yourself with our specialized body massage, uniquely designed to cater for your needs during your pregnancy. Our safe therapeutic oil, free from essential oils & fragrances assists in easing any back strain and to induce relaxation.

COUPLES MASSAGE: Enjoy a couples' massage of your choice with your partner or friend in our exclusive couples' suite.

AFRICAN MASSAGE RITUALS

BAMBOO BODY MASSAGE

60 minutes R480.00

A body, face and limb massage using bamboo stalks to provide drainage, relaxation and reshaping. This massage satisfies the need for relaxation and overall well being.

CALABASH MASSAGE

60 minutes R480.00

An exotic massage using various sizes & shapes of calabashes, a natural and effective massage tool to deeply relax the muscles & promotes circulation.

AFRICAN RUNGU MASSAGE

60 minutes R480.00

The unique all new African massage with the use of the Rungu baton, is a deep friction type massage that stimulates the muscles, aimed to destress & provide a deep sense of relaxation.



DELUXE FACIALS

AFRICAN GODDESS ANTI-AGEING SKIN RITUAL

80 minutes R650.00

A therapeutic de-stressing journey beginning with a face, neck & shoulder massage using a traditional essential oil blend and natural river stones, is followed with a facial cleansing, exfoliation, skin toning, masque, unique facial serum and moisturizing ritual, stimulating new cell growth for lubricated and elastic skin making it less prone to wrinkles and promoting a healthy glow. For the ultimate facial!

HYDRATING ROSE FACIAL

60 minutes 495.00

A hydrating and balancing facial therapy rich in natural anti-oxidants allows for deep relaxation and hydrates tired lifeless skin. After a power cleanse, exfoliation, toning, our special blend of Rooibos and rose oil acts as a natural hydrating mask, followed by our unique Rose serum, leaving the skin soft to touch, lubricated and revitalized. Recommended for dry sensitive skin, but compatible with all skin types.

VITAMIN C SKIN BOOSTING FACIAL

60 minutes R495.00

This vitamin-rich treatment will give your skin a boost and leave your face with a healthy glow. Gentle cleansing and removal of surface impurities are followed by a firming mask and Vitamin C serum that is infused with revitalizing nutrients and anti-oxidants to help the skin rebuild its own collagen reserves. This uplifting treatment is ideal for special occasion appearances.

BALANCING TEENS FACIAL

45 minutes R450.00

A soothing and refreshing facial for Teens with essential oils of Lavender and Vitamin A & E helps maintain your skin's moisture, leaving it to feel soft and supple. Our balancing serum, enriched with grapeseed oil is an anti-fungal and anti-bacterial that gently removes dead skin cells from the skin's surface, leaving your skin refined & brightened. Oily combination skins loves this treatment.



BEAUTY

AMANI SPA PEDICURE

60 minutes R380.00

Sit back in our exclusive Spa Massage Pedi Chair and indulge in a rhythmic back massage and an energising foot soak in a micro-bubble and jet bath. Enjoy an intensive foot treatment with its therapeutic ingredients, followed by a foot massage with warm shea butter, which induces relaxation, improves circulation, softens and nourishes the skin on your feet. Cuticle care, nail shaping and polish application complete the treatment.

AMANI SPA DELUXE PEDICURE

60 minutes R430.00

Amani Spa pedicure that includes a hydrating process where the feet are dipped into a thermal paraffin bath that forms a mask around their contours, emitting a warm and radiant sensation that softens the cells and hydrates the essence of the skin.

AMANI SPA MANI & PEDI DUO

90 minutes R590.00

Pamper your hand and sole as you sit back in our exclusive Spa Massage Pedi Chair and indulge in a rhythmic back massage and an energising foot soak in a micro-bubble and jet bath, while enjoying the ultimate Manicure & Pedicure.

CLASSIC MANICURE

60 minutes R260.00

This treatment feeds the skin with nourishing and hydrating nutrients to restore suppleness & elasticity, which results in hands that are hydrated, replenished and protected. Cuticle care, nail shaping, a hand massage and polish application complete the treatment.

DELUXE MANICURE WITH PARAFFIN WAX

60 minutes R310.00

A classic manicure that includes a hydrating process where the hands are dipped into a thermal paraffin bath that forms a mask around their contours, emitting a warm, radiant sensation that softens the cells and hydrates the essence of the skin.

CLASSIC PEDICURE

60 minutes R270.00

Enjoy a relaxing foot soak and intensive foot treatment with its therapeutic ingredients. Nail shaping, a foot massage and polish application complete the treatment.

DELUXE PEDICURE WITH PARAFFIN WAX

60 minutes R320.00

A classic pedicure that includes a hydrating process where the feet are dipped into a thermal paraffin bath that forms a mask around their contours, emitting a warm, radiant sensation that softens the cells and hydrates the essence of the skin.

French varnish 15 minutes R 50.00

Revarnish Only 20 minutes R120.00

GROOMING (Waxing treatments available on request)

Eyebrow Wax & Shaping 20 minutes R80.00

Eyebrow Tint 15 minutes R80.00

Eye lash Tint 20 minutes R80.00

Lash and Brow Tint 25 minutes R140.00

PAMPER PACKAGES

AMANI SPIRIT

3 hours R1 650.00

Begin your spiritual journey with a relaxing & rejuvenating cocooning experience, African Potato Body wrap designed to stimulate the body's innate healing process. Continue to our hydro bath where the power of water with soothing aromatic oils and healing essences of Indigenous plants increases circulation, stimulates the immune system & relaxes the body. Complete your journey with our signature Ka Rhula body ritual pampering not only the body, but the face & scalp too.

KWA AMANI COUNTRY ESCAPE

4 hours R2 000.00

Escape into a sanctuary, whilst life's daily stresses vanish beneath skilful hands. Enjoy the exfoliating and cleansing experience of our Essence of Africa body polish followed by a rejuvenating hydro bath. A relaxing Amani Spa Pedicure or Amani Man Foot Ritual will be followed by a Kahuna Full Body Massage to shed every layer of stress away. Indulge in a Hydrating Rose Facial or Amani Man Holistic Facial, leaving your skin refined and brightened. The ultimate couples retreat.

THE FEAST... FOR THE SOUL & SENSES

5 hours R2 300.00

Enjoy the sights and sounds of nature, while experiencing our sugar body polish, which assists in the cell renewal process, leaving the skin radiant & soft to touch, followed by a revitalising Marula hydro bath. Indulge in a Lefika - Hot Stone Full Body Massage, which precedes an African Goddess anti-ageing facial and scalp massage. Sit back and relax in our exclusive Spa Massage Pedi Chair and indulge in a rhythmic back massage while enjoying the ultimate Spa Mani & Pedi Duo.

MIND, BODY & SOUL DETOX RETREAT

3 hours R1 800.00

Your retreat begins with the, Leraga Mud Detox Body Wrap, a highly effective slimming treatment designed to aid in the reduction of bloating, cellulite & water retention, followed by a Vitamin C Skin Boosting Facial. Sit back in our exclusive Spa Massage Pedi Chair and indulge in a rhythmic back massage and an energising foot soak in a micro-bubble jet bath and enjoy an intensive foot treatment followed by a foot massage, which induces relaxation, improves circulation, softens and nourishes the skin on your feet. Complete your retreat with a wonderfully relaxing neck, back & shoulder massage.

MODJADJI – AFRICAN QUEEN BRIDAL CEREMONY

5 hours R1 950.00

Allow us to pamper you from top to toe with a day of therapeutic and relaxing Spa Rituals sure to make you feel like royalty. Your ceremony begins with the African Potato Body Balm. Continue your journey with the African Goddess Anti-ageing Facial. Sit back, relax and indulge in a Spa Pedicure & Manicure Duo in our exclusive Spa Massage Pedi Chair. Complete your pampering experience with a relaxing Back, Neck & shoulder massage sure to shed every layer of stress away.

MOM -TO - BE PAMPER PACKAGE

4 hours R1 600.00

Spoil yourself with our specialized body massage, uniquely designed to cater for your needs during your pregnancy. Our safe therapeutic oil, free from essential oils & fragrances assists in easing any back strain and to induce relaxation. Indulge in a hydrating, revitalising facial and a scalp & neck massage. Complete your pampering day as you sit back in our exclusive Spa Massage Pedi Chair for the ultimate Spa Manicure & Pedicure.



AMANI MAN

AMANI MAN HOLISTIC FACIAL

60 minutes R510.00

A holistic, therapeutic & relaxing facial, an antioxidant treatment that helps repair damage to ageing skin cells. A special cocktail has been formulated to tighten the skin, leaving his skin hydrated & revitalized. A relaxing face and neck massage using a Shae butter with black pepper, known to be compatible with the male hormonal system, stimulates blood flow & assists with stiff & sore muscles.

AMANI MAN FOOT RITUAL

60 minutes R360.00

Experience a complete state of relaxation as you sit back in our exclusive Spa Massage Pedi Chair and indulge in a rhythmic back massage and an energising foot soak in a micro-bubble and jet bath. To complete this journey, enjoy a foot massage with warm shea butter, with extracts of African indigenous plant oils, which induces relaxation, improves circulation, softens and nourishes the skin on your feet.



SPA ETIQUETTE

PUNCTUALITY: We kindly request you to arrive 15 minutes prior to your appointment. A late arrival may mean that your treatment time is reduced or unable to be honoured.

SPA HOURS: The Spa offers treatments from 8am to 5pm. Should a guest however wish to book a treatment outside of these times, we will do our utmost to accommodate their request, subject to staff availability.

SPECIAL PACKAGES: We offer specialised packages to suit any requirement, including Bridal, Birthday, Anniversary and Corporate.

PRICES: All prices are inclusive of VAT. Spa treatment

prices are subject to change without any prior notice

CANCELLATION POLICY: Guests who wish to cancel an appointment are kindly requested to provide at least 3 hours notice or the full cost of the appointment will be charged.

GIFT VOUCHERS: Please note that gift vouchers are non transferable and have an expiry date. Gift vouchers must be presented at an appointment in order to be honoured.

INDEMNITY: Walkersons Hotel, the Spa or any of the Spa's therapists cannot accept responsibility for adverse reactions, accidents or complications before, during or after Spa treatments.